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FOR IMMEDIATE RELEASE

Pediatric Psychological Services Clinic Opens for Mental Health Month

REDLANDS—Two Psychologists celebrated Mental Health Month in style by announcing the Grand Opening of their full-service psychology clinic to serve the behavioral, emotional, and mental health needs of local children, adolescents, and their families.

Future Generations Diagnostic, Treatment & Evaluation Center officially opened its doors May 8. May 8 was national Child Mental Health Day, while the entire month of May was national Mental Health Month.

“Every day should be Child Mental Health Day, because many people take the mental, emotional, and behavioral health of children for granted,” says Dr. Brian Chichester, clinic owner and licensed psychologist. “People think, ‘*They’re just kids. They’ll bounce back.*’ And while children and teens are pretty resilient, we shouldn’t underestimate the value of their emotional well-being. Tending to a child’s mental health is no less important than tending to a child’s physical health.”

By way of reference, 21% of all American children and adolescents, at any given point in time, have a diagnosable mental disorder with at least mild impairment, Dr. Chichester says, and four very serious mental health conditions—depression, bipolar, schizophrenia, and obsessive-compulsive disorder—are among the world’s Top 10 causes of disability.

“Opening this Clinic gives us the chance to serve the community’s mental health needs, while providing treatment and intervention for a wide variety of conditions, disorders, and related issues,” says Dr. Chichester. “We love what we do and we think the children, teens, and families we work with feel the same way.”

Dr. Chichester and his wife, Dr. Hsinya Chichester, also a licensed psychologist, opened their private practice as a full-service clinic that provides individual and group Psychotherapy, as well as Psychological Assessment. Therapeutic approaches include Cognitive-Behavioral Therapy, Play Therapy, and Animal Assisted Therapy, where licensed clinicians use specially trained animals to help treat or ameliorate a variety of childhood conditions, including depression,

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ADHD, behavioral disorders, bereavement, anxiety, phobias, even Selective Mutism and Autism. Psychological Assessment includes comprehensive evaluation of a range of behavioral and mental health conditions, as well as learning disabilities, ADHD, emotional disturbances, personality functioning and profiles, and overall intellectual abilities.

Services are available in English, Spanish and Taiwanese.

“It is important to us professionally as well as personally to be linguistically inclusive for the children and families we serve,” says Dr. Hsinya Chichester. “We’re an extraordinarily culturally competent clinic.”

Future Generations *Diagnostic, Treatment & Evaluation Center* is currently accepting new clients. Hours are by appointment only, with some convenient evening and weekend time slots available. The clinic is in a beautiful, quiet professional neighborhood on the scenic south side of Redlands, a half-mile from downtown. The office is an historical, renovated professional suite with discrete, non-descript signage for your child’s privacy.

Drs. Brian and Hsinya Chichester are also available, on a very limited basis, to provide pro bono educational outreach training for local organizations who want to learn more about children’s mental health and how to maximize a child’s psychological well-being.

For more information, call Dr. Brian Chichester at 909-363-6263 or Dr. Hsinya Chichester at 909-553-0857. Or visit us on the web at www.futuregenerationsdtec.com.

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